

# St. Luke's Formby July/Aug 2024

## Parish Magazine

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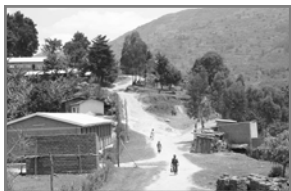
£10.00 for 10 issues a year



**Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God - this is your true and proper worship.**

*Romans 12:1*





# Shyira Trust

Registered Charity Number 1118979

Hon President: Prof Allan Hobson MBE

**Serving the people of Rwanda, Africa**



**relieving poverty**

**advancing education**

**preserving and protecting good health**

## Kivu Diocese

**Aim:** To support Bishop Augustin's 5 point programme

- Palliative care in the community
- Church leadership courses
- Development of job creation (entrepreneurship) among youth and women
- Fighting malnutrition and stunting
- Supporting home and family life

## Mothers' Union

**Aim:** To support MU members in serving their communities

### Achieved:

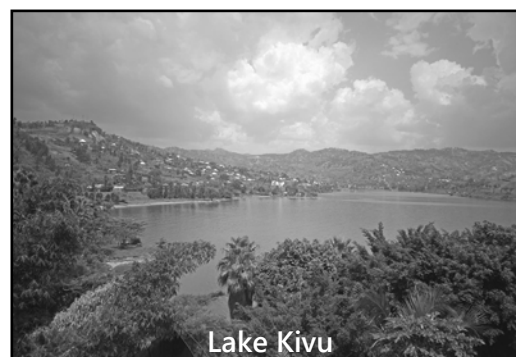
- Members supported with bedding and kitchen utensils
- Training of 25 MU trainers from all over the Diocese
- Successful Revolving Goat Loan project

### Challenges:

- To extend the MU support across Kivu Diocese
- To work through the Gisenyi MU to help the most needy parts of the Diocese



Shyira District Hospital



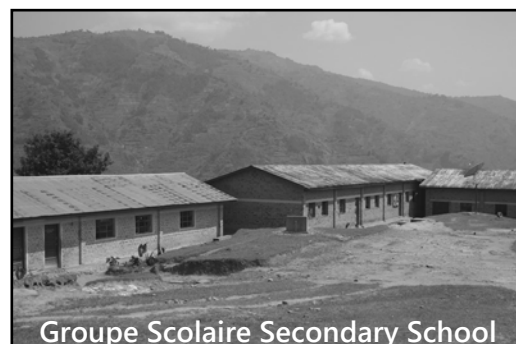
Lake Kivu

## Primary Schools

**Aim:** To support school ministry by providing equipment, school materials and evangelistic outreach

## Groupe Scolaire Secondary School

**Aim:** To support needy students in Shyira



Groupe Scolaire Secondary School

## How YOU can help

See our website: <http://www.shyiratrust.org.uk>

Email us for further information: [shyira-06@shyiratrust.org.uk](mailto:shyira-06@shyiratrust.org.uk)

Donations may be sent to: Shyira Trust, Secretary: Ken Davies  
53 Stapleton Road, Formby, Liverpool L37 2YT

Donate online: <https://www.stewardship.org.uk/partners/shyiratrust>

Like us on Facebook: <https://www.facebook.com/shyiratrust>



## Vicar – Revd Dr Matt Davis

From the Vicarage



Dear Friends

A few weeks ago, anti-tourist activists on the Spanish island of Mallorca appealed for residents to “Ocupem Les Nostres Platges” (Occupy Our Beaches). Fed up with overtourism, they planned a demonstration to take back their beaches, inviting locals “to go for a swim, recover our beaches and enjoy them as before”.

Formby residents can probably relate to the Mallorcans’ frustration. It only takes a reasonably hot forecast or a bank holiday for our beach to become filled, roads to become gridlocked, the sound of sirens to appear and rubbish to be strewn over the beach and dunes. The Formby Beach Angels deserve a massive thanks for their litter collections during the summer months. The one downside of living so close to the beach is occasionally having cars parked across our drive, and litter thrown over the fence and wall! Thankfully this doesn’t happen very often.

However, there is one type of litter that I’m actually glad to see in the vicarage garden. We have some visitors who leave their food waste on our lawn. They often climb our trees and eat pine nuts. Once they’ve stripped a pinecone bare, they toss it onto the lawn and move onto the next. You’ve probably guessed by now that these visitors are red squirrels. Red squirrels are very welcome in our garden, even though they leave their rubbish for me to clean up. It’s always special when we spot them, or at least signs of them.

In the Bible, hospitality and welcoming people are seen as signs of God’s grace in people’s lives. In fact, Jesus says Christians are to welcome people without a desire to get anything in return. In Luke 14:12–14, Jesus says:

*“When you give a luncheon or dinner, do not invite your friends, your brothers or sisters, your relatives, or your rich neighbours; if you do, they may invite you back and you will be repaid. But when you give a banquet, invite the poor, the crippled, the lame, the blind, and you will be blessed. Although they cannot repay you, you will be repaid at the resurrection of the righteous”.*

At St Luke’s, we aim to be a welcoming church and we love it when people visit. We don’t want anyone who is visiting to feel under any pressure as if they owe us anything. Everyone is welcome to join us. We mean that! You don’t need to worry about having noisy children or grandchildren or that you might sit in someone’s seat or not know what to do. It doesn’t matter—come anyway! (Occasionally my children are noisy, and I forget what to do—and I’m supposed to be the vicar!) We try not to take ourselves too seriously and we love having new people join us.

(Cont. on p2)

Joint Editors: Margaret Cooke (e-mail: [macooke29@gmail.com](mailto:macooke29@gmail.com)) and Ken Davies  
(e-mail: [kendavies1989@gmail.com](mailto:kendavies1989@gmail.com))   Illustrator: Joan MacDonald  
St. Luke’s Web Site: <http://www.stlukesformby.org.uk>  
St. Luke’s Facebook Page: [facebook.com/StLukesChurchFormby](https://www.facebook.com/StLukesChurchFormby)

And I'm not just talking about Sunday services. During July and August, we'll be opening our doors every Saturday for people to come and enjoy a drink and snack in our beautiful grounds. On alternate Tuesdays we have a lunch group. We have a youth group on Sunday evenings and the Scout and Guide groups too, plus other things throughout the year. Why don't you join us at some of these, and invite your friends and family as well?

With every blessing,

**Matt**

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## CHURCH REGISTER

### **Funerals and burials of ashes:**

31st May - Trevor Jones

8th June - Joy Mawdsley (burial of ashes)

15th June - Margaret Brunskill (burial of ashes)

### **Baptisms and thanksgiving services**

23rd June - Freddie Westhoff (thanksgiving)

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## DATES AND NOTES

**SERVICES** – July p9 & Aug p10.

**PRAYER CHAIN** – Please contact **Philip Lowe** if you know of someone who would appreciate prayer support ([p.h.lowe50@btinternet.com](mailto:p.h.lowe50@btinternet.com)).

**PASTORAL SUPPORT** – If you, or someone you know would appreciate a visit from our pastoral team please telephone Hillary Griffin (871846) or Jean Watts (877662) (Pastoral Care Co-Ordinators). Jean is also Vulnerable Adults Officer.

**FINANCIAL SUPPORT** – If you would like to financially support the work of St Luke's, offerings may be placed on the plate near the back of church. There is also a card reader by the entrance. If you would prefer to donate from your bank account, there are various ways including the Parish Giving Scheme ([parishgiving.org.uk](http://parishgiving.org.uk)) or ask Matt or the Wardens if you need any further information.

**YOUTH ALPHA** – started Sun 21<sup>st</sup> Jan 7.45pm for secondary school students. See Matt for details.

**LENT PROJECT DONATIONS** – The latest total on 8<sup>th</sup> May at the APCM was £3,886 (included Gif Aid). This may still not be quite the final amount. Again, thank you to all who made donations in support of Lima (Peru) and Shyira (Rwanda).

**SOUTHPORT SOUP KITCHEN** – ongoing!

**NEXT PCC MEETING** – Wed 3<sup>rd</sup> July 7.30pm.

**SEA SUNDAY** – 14<sup>th</sup> July.

**ST SWITHIN'S DAY** – Mon 15<sup>th</sup> July.

**LATE SUMMER BANK HOLIDAY** – Mon 26<sup>th</sup> Aug.

**HOLIDAY AT HOME** – P15 & 16.

**SHYIRA LATEST** – P17 & 18.

## NOTICES



### **Tuesday Lunch**

Soup/sandwiches/cake & company, 2<sup>nd</sup> & 16<sup>th</sup> July in Meeting Room. Donations for lunch welcome. NONE in August.

### **Open Door Saturday Mornings in Summer 10.00am – 12noon**

Have you been to visit us? Some people come for a knit-and-natter, some just for a natter, some just for a toasted teacake.

Open every Saturday from July 6<sup>th</sup> until 31<sup>st</sup> August.

**Can you help?** Those of you who have been to our Open Door Mornings will know that it is a simple event. Just mugs of tea and coffee, some cake and teacakes. Items are not priced, and we only ask for donations. A team of 2 opens up, brings along milk, a cake (bought or home-made) and some tea cakes. Tea, coffee, sugar and butter portions are all available in the meeting room. There are a couple of posters that can be put up on the lych gate. If you can help speak to **Jean, Gwyneth or Di**.

(The Gifts to Funds Sat on 3<sup>rd</sup> Feb raised £230 for Church funds, and The Plants for Sale on Sat 11<sup>th</sup> May raised £130 for Church funds. Thank you to all involved!)

### **Retiring PCC Members**

Retiring PCC Members at the APCM were Dr Peter Griffin, Mrs June McGibbon, Mrs Sheila Rodger. The Church thanks them for their devoted and excellent service over many years. The present PCC including new Members can be found at the bottom of p12.

### **Readers – have your say!**

The magazine has an important outreach function for our Church and it 'belongs' to the parish. So why not have your say in its production and distribution. We want you to be more involved. Take ownership of it! Contact our editors if you are interested in helping in any way with its production and distribution. Thank you!

**KD / MC**

## **SIGNING OFF AFTER 27 YEARS AT ST LUKE'S!**



Even writing the title for this piece seems a little surreal. By the end of the summer term, I will have been headteacher at St Luke's for 22 years and deputy head (also acting head on-and-off) for five years before that. What a long time to be working in the same place, when prior to this I had taught in three different schools in eight years: in Preston, Ainsdale and Bootle. Even more sobering is the thought that the first pupils I taught after graduating are now 44 years old!

I hadn't always wanted to be a teacher. Having ruled out playing up front for Preston North End (because girls just didn't play football back then, and besides, my right foot is only for standing on – not that this has done Mo Salah any harm!), my early aspirations were to be either a trapeze artist or a long-distance lorry driver. However, volunteering in a local primary school whilst at 6<sup>th</sup> Form (mainly to avoid cross-country running) made me realise what a rewarding career teaching could be.

Although teaching has changed in many ways since I graduated from college in Ambleside 35 years ago, I still uphold that primary teaching is the best job in the world (if you can't play up front for PNE).

Some of the things, good and not-so-good, that were unheard of in education in 1989:

- SATs (first started in 1991)
- Ofsted (not until 1993)
- National Curriculum (we had a crash course before we left college, as it was coming in that autumn)
- Teacher and Headteacher Appraisal (2002)
- Significant numbers of pupils with special needs in mainstream schools
- Significant numbers of families requiring social care intervention and support
- Teaching Assistants in (almost) every classroom
- Daily phonics lessons...computer coding lessons
- The internet, emails, websites...and certainly not AI!

Some of the things that have stayed the same:

- The joy of seeing a child "get something" you've taught
- At least one unexpected thing happening every day
- The buzz and busy-ness of the school day
- Something that makes you laugh...something that causes you to lose sleep
- Support and friendship of colleagues
- Heartfelt thanks and appreciation from parents
- The pride in seeing how a child has grown in confidence and knowing you've played a part in it

Looking ahead, for the first time since being four years old, I will not be returning to school or college in September. I'm planning a short holiday and then hoping to work part-time in a school consultancy role, picking and choosing my availability to fit around family events and football fixtures! I'm sure St Luke's will continue to go from strength to strength and the school will always hold a special place in my heart.

**Sharon Cowey, Headteacher.**

## KIDS@STLUKE'S



This Summer term we've focussed on Jesus, the King of God's Kingdom, and his Power over everything.

Over the weeks we've looked at God's power over the wind and the waves, as Jesus speaks to the wind and calms the sea. Children drew pictures of waves, and we acted out the story for children to see what the disciples went through.

The older children later made origami boats.

We looked at Jesus' power over evil spirits in the parable of the evil spirits entering the pigs. During the session the younger children had great fun making pig masks and the older children discussed this challenging passage.

We looked at the parable of Jesus bringing Lazarus back to life and saw Jesus' power over death.

In the session on Jesus' power to provide just what we need, the children learnt about the parable of feeding the 5,000.

Each session consists of multiple ways of teaching the message, either through song, acting out a Bible story, games or crafts related to the topic and age group. The children are encouraged to pray, and the overall theme is to teach the children about Jesus and for them to know Jesus loves them and they can have a relationship with him.



This term the children have been able to play games outside in the good weather. The parachute game is always a good favourite.

**Debbie and the Kids@StLuke's team**



## 15TH JULY ST SWITHUN (OR SWITHIN) - SAINT FOR A RAINY DAY

St Swithun is apparently the saint you can blame for rainy summers. It is said that if it rains on his special day, 15<sup>th</sup> July, it will then rain for 40 days after that. It all began when Swithun was made Bishop of Winchester in 852 by King Ethelwulf of Wessex. It was an important posting: Winchester was the capital of Wessex, and during the 10 years Swithun was there, Wessex became the most important kingdom of England.

During his life, instead of washing out people's summer holidays, and damping down their spirits, Swithun seems to have done a lot of good. He was famous for his charitable gifts and for his energy in getting churches built. When he was dying in 862, he asked that he be buried in the cemetery of the Old Minster, just outside the west door.

If he had been left there in peace, who knows how many rainy summers the English might have been spared over the last 1000 years. But, no, it was decided to move Swithun. By now, the 960s, Winchester had become the first monastic cathedral chapter in England, and the newly installed monks wanted Swithun in the cathedral with them. So finally, on 15 July 971, his bones were dug up and Swithun was translated into the cathedral.

That same day many people claimed to have had miraculous cures. Certainly, everyone got wet, for the heavens opened. The unusually heavy rain that day, and on the days following, was attributed to the power of St Swithun. Swithun was moved again in 1093, into the new Winchester cathedral. His shrine was a popular place of pilgrimage throughout the middle ages. The shrine was destroyed during the Reformation and restored in 1962. There are 58 ancient dedications to Swithun in England.

### (Parish Pump)

.....

### Meanwhile, back at church on Sunday, consider these...

~ What life have you if you have not life together? There is no life that is not in community, and no community not lived in praise of God. - *T E Eliot (The Rock)*

~ I believe that there is no one lovelier, deeper, more sympathetic and more perfect than Jesus – not only is there no one else like Him, but there could never be anyone like Him. - *Feodor Dostoevsky*

~ My experience is that Christianity dispels more mystery than it involves. With Christianity it is twilight in the world; without it, night. - *Madame Swetchine*

~ The Christian life is not a way 'out', but a way 'through' life. - *Billy Graham*

~ The Christian is one who has forever given up hope of being able to think of himself as a good man. - *Leslie Newbigin*

~ The existence of the Bible is the greatest blessing which humanity has ever experienced. - *Immanuel Kant*

~ The Church which is married to the Spirit of its Age will be a widow in the next. - *Dean W R Inge*





## CELEBRATING CHURCHES TOGETHER

One of the periods of history that I find most interesting is Tudor England, as brought to life in the fiction of authors such as Philippa Gregory, Hilary Mantel and C J Samson. Underlying the dramas of life at court, far reaching changes were taking place in the Christian church, not just in England but across Europe. In 2017, we marked the 500<sup>th</sup> anniversary of the Protestant Reformation, which began in Germany but whose ideas, assisted by the new medium of printed books and pamphlets, spread across the Continent. The western Catholic church divided and many Christians, both Catholic and Protestant suffered painful deaths because of their beliefs, particularly with respect to Holy Communion, and were out of line with the prevailing denomination. In subsequent centuries, the Protestant church continued to divide, for example, between “chapel” (non-conformists) and “church” (Anglicans).

There are still many issues that divide the denominations and divisions within denominations which may discourage us. How can we reconcile our creed of “one holy and apostolic church” with fragmentation and discord? The work of Churches Together, a global movement, gives us some encouragement. The mission statement of the Council of Churches Together in Britain and Ireland is:

*“Many Churches, One Purpose: Serving the churches of Britain and Ireland on the shared journey towards full visible unity in Christ.”*

For over eighty years, the Council has worked to support churches as they seek to work together more and deepen the fellowship between Christians at a local level. A further objective is to promote social justice. Here in Formby, Altcar and Hightown churches from all denominations work together throughout the year with representatives from each church meeting together on a regular basis to plan events and to pray together. Some of the activities provide opportunities for church congregations to worship together whilst others are aimed at bringing the Gospel message to our local community.

The main opportunity for Christians to worship together is at the annual week of Prayer for Christian Unity, which took place in the week leading up to Pentecost, May 25<sup>th</sup>, the Sunday which marks the “birthday of the church”. The week began with a united service at St Peter’s at which Ted Woods preached on the theme of unity in diversity as opposed to unity in uniformity, likening the different denominations to the pieces of many different colours which made up Joseph’s wonderful coat. The opportunity to worship in another church in the area may help us to gain a different perspective whether it be through the music, the set up of the church or the style of worship. As in previous years, the week included services of Morning Prayer, at a different church each day. However, the material used as a basis for reflection and prayer is provided by the national Council; the theme chosen for 2024 was “Go and do likewise”, the words with which Jesus ended the parable of the Good Samaritan. The services were well attended throughout the week and the time of fellowship continued with refreshments after the services.

The ministry of prayer is continued throughout the year as the CTiFAH representatives from each church hold monthly prayer meetings and all the churches are invited to pray for one of the local churches each week (as noted on our own weekly Newsheet).

The outreach to our local community centres around the retelling of Jesus’ birth through the annual Nativity play in December and the annual Walk of Witness and Passion Play on Good Friday. Not only do the churches work together to stage these events, but also involve the wider community, particularly at Christmas.

On a practical level, Churches Together is one of the organisations that supports the annual Holiday at Home event, with several churches hosting events throughout the fortnight.

*(Cont. on p8)*



## SERVICES FOR JULY 2024

### Thursday 4<sup>th</sup> July

11.00am Holy Communion  
(Readings: Psalm 19:7-10 & Matthew 9:1-8)

### Sunday 7<sup>th</sup> July – Trinity 6

8.30am Traditional Service  
10.30am All-Age HC Service  
(Readings: Acts 5:17-42 & Mark 6:1-13)

### Sunday 14<sup>th</sup> July – Trinity 7

8.30am Traditional Service  
10.30am Contemporary Service\*  
(Readings: Acts 6:1-7 & Mark 6:14-29)

### Sunday 21<sup>st</sup> July – Trinity 8

8.30am Traditional Service  
10.30am Contemporary Service with  
Holy Communion\*  
(Readings: Eph 2:11-22 & Mark 6:30-34, 53-56)

### Sunday 28<sup>th</sup> July – Trinity 9

8.30am Traditional Service  
10.30am Contemporary Service\*  
(Readings: Eph 3:14-21 & John 6:1-15)



(\*Kids@StLuke's – term time only)

**Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God – this is your true and proper worship.  
(Romans 12:1 NIV)**

## Prayer for July 2024

Father, thank you for summertime when thoughts turn to holidays and relaxation.

July is a month of endings for many, the ending of the school or college year, and for some a moving on to the next stage of education or work. Often, there is uncertainty or trepidation about the future. Whatever stage of life we are at, whatever season of the year it is, we can feel uncertain and concerned in a world which seems increasingly secular and confusing.

Remind us Lord, of Your promise to be with us always, every step of every way, when we put our trust in You, through Jesus.

Thank you that in the ups and downs of life, You never change. You are the rock on which we stand securely, eternally. Help us to move forward confidently, trusting in that truth.

Thank you, Lord.

In Jesus' name.

Amen.

**By Daphne Kitching (PP)**

## SERVICES FOR AUGUST 2024

### Thursday 1<sup>st</sup> August

11.00am Holy Communion  
(Readings: Jer 18:1-6 & Matthew 13:47-53)

### Sunday 4<sup>th</sup> August – Trinity 10

8.30am Traditional Service  
10.30am All-Age Holy Communion  
(Readings: Eph 4:1-16 & John 6:24-35)

### Sunday 11<sup>th</sup> August – Trinity 11

8.30am Traditional Service  
10.30am Contemporary Service\*  
(Readings: Eph 4:25-5:2 & John 6:35, 41-51)

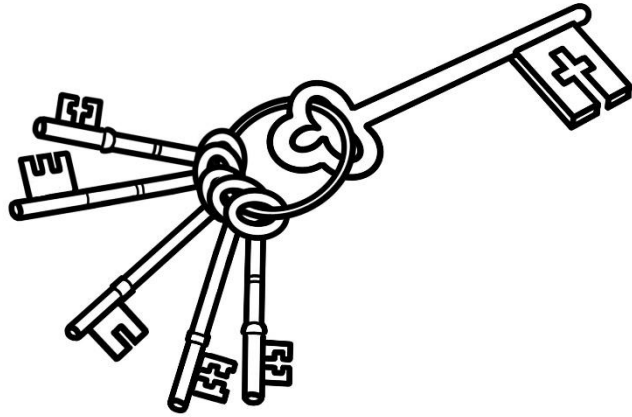
### Sunday 18<sup>th</sup> August – Trinity 12

8.30am Traditional Service  
10.30am Contemporary Service\*  
with Holy Communion  
(Readings: Eph 5:15-20 & John 6:51-58)

### Sunday 25<sup>th</sup> August – Trinity 13

8.30am Traditional Service  
10.30am Contemporary Service\*  
(Readings: Eph 6:10-20 & John 6:59-69)

(\*Kids@StLuke's - term time only)



**Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God – this is your true and proper worship.**

**(Romans 12:1 NIV)**

## Prayer-Poem for August 2024

### The 'I am'

The 'I Am' spoke from the burning bush  
And Moses heard the voice of God,  
Take off your shoes he was told  
For it was holy ground he trod.

When Jesus came, He said 'I Am'  
The Bread of Life that Moses knew,  
Who fed them in the wilderness  
With fire and cloud He led them through.

Good Shepherd who will lead us on  
Through desert times of pain and strife,  
The same 'I Am' that Moses met  
Who is the Way, the Truth, the Life.

**By Megan Carter (PP)**



## WHO'S WHO

Vicar	Rev Dr Matt Davis
Readers	Mrs Anne Dixon Mrs Jean Watts Mr Chris Mulford Prof Allan Hobson
Readers Emeritus	
Churchwardens	Mr Steve Ginn Mrs Fiona Grieveson Mr John McGibbon
Deputy Churchwarden	
Treasurer Deputy Treasurer	Mr Hugh Dixon Mrs Gwyneth Croft
PCC Secretary	Dr David Hogben
Electoral Roll Officer	Mrs Jean Cox
Deanery Synod Representatives	Mr Andrew Cox Mr John Gelder Mrs Hillary Griffin Dr David Hogben
Gift Aid Officer	Mrs Valerie Hogben
Legacy Officer	Mr John McGibbon
Parish Hall Secretary Meeting Room Secretary	Mr Steve Ginn Mrs Fiona Grieveson
Newsletter Editor	Mrs Irene Powell
Magazine Editors	Mrs Margaret Cooke Mr Ken Davies (Contributions by <b>10th</b> of the month – preferably by email – see page 1) Mrs Margaret Cooke Mrs Margaret Cooke Mr David Moore
Magazine Distribution Magazine Adverts Magazine Collation	
Church and Churchyard Maintenance	Mr Allan Worthington
Safeguarding Officer	Dr Peter Griffin
Child Protection Officer	Mrs Joyce Eddlestone
Pastoral Care Co-ordinators	Mrs Hillary Griffin Mrs Jean watts Mrs Jean Watts
Vulnerable Adults Officer	
Health & Safety Officer	Dr David Hogben
Woodland Workshop Co-ordinator	Dr Peter Griffin
Cathedral Representative	Mrs Elizabeth Lowe
Church & Mid-African Mission	Mrs June McGibbon
Church Administrator	Mrs Valerie Hogben

## WHAT'S ON

**Monthly Prayer Meetings** – See weekly news sheet for details. Monday or Tuesday evenings likely days, 7.30/7.45pm in MEETING ROOM.

**Weekly Home Bible Groups** – If you would like to join a group, please speak to Matt.

**Refer also to p2, p3 & p15 for further What's On information.**

**Youth Alpha Group** for secondary school students from 7.45-9.00pm each Sun during school term time. Started late January. It is led by Liz & Matt in the MEETING ROOM. It is a relaxed time with a short video. There are pizzas/snacks; games; and a chance to explore and grow our faith in Jesus.

**Creche** - a creche is available at all 10.30am services.

**(Toilet facilities available in the Meeting Room throughout all services).**

**Confirmation classes** for juniors and adults are held annually.

**Home Communion** – The Wardens welcome the names and addresses of the sick and elderly who would like Holy Communion at home.

**Baptisms & Weddings** – Contact the Wardens after the 10.30 service.

**Woodland Workshop** – Contact Peter Griffin (871846) for details – 2<sup>nd</sup> Sat am of the month.

**Uniformed Organisations** in the Church Hall unless otherwise stated –

<b>Rainbows</b>	Contact District Commissioner		Sheila Kirk	875393
<b>Brownie Guides</b>				
4 <sup>th</sup> Formby	Monday (In Meeting Room)	6.00pm	Julie Maher	07811 907003
8 <sup>th</sup> Formby	Wednesday	6.00pm	Jenette Rowlands	
<b>Guides</b>				
4 <sup>th</sup> Formby	Wednesday	7.30pm	Julie Clark	833757
<b>Beavers</b>	Thursday (In Meeting Room)	5.45pm	John Gelder ( <a href="mailto:Beavers8thFormbyStLukes@outlook.com">Beavers8thFormbyStLukes@outlook.com</a> )	876456
<b>Cub Scouts</b>	Thursday (In Meeting Room)	6.45pm	Bob Ford ( <a href="mailto:Cubs8thFormbyStLukes@outlook.com">Cubs8thFormbyStLukes@outlook.com</a> )	873026
<b>Group Scout Leader</b>			Gordon Hilbert	874167

**PCC** – if you would like to communicate a concern to the PCC, the **Standing Committee Members** are Rev Dr Matt Davis (Vicar), Hugh Dixon (Treasurer), Steve Ginn (Warden), Fiona Grieveson (Warden), Dr David Hogben (Secretary).

**Other PCC Members** are Andrew Cox, Debbie Davies, Ken Davies, Ann Dennison, Anne Dixon, John Gelder, Hillary Griffin, Prof Allan Hobson, Allyson Jump\*, Jean Mainey\*, Chris Payne, Michael Roberts\*, Jean Watts. (\*New Members)

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## WHAT'S ON FOR THE 'ELDERLY' IN JULY & AUGUST

**St Luke's Church** – Refer p2 & 3; p9 & 10 for Services; p12 What's On; Weekly News Sheets. See bottom of this page for Holiday at Home information.

### **St Peter's Church and Parish Hall (Paradise Lane) – 01704 871171**

- Bingo for the elderly every Sun 8.00-9.30pm and Mon 2.00-4.00pm.
- Bacon Barm & Banter – Mon 1<sup>st</sup> July & Mon 5<sup>th</sup> Aug, 10.30-12noon (1<sup>st</sup> Monday of the month except Bank Holidays) in the Bier House on Church site. Free admission.
- Singing Thursdays! (except for 1<sup>st</sup> Thurs of the month) in the parish hall - 2pm (doors open 1.45pm) and finish approx. 3.30pm. Free entry and refreshments. Everyone welcome – especially carers and their loved ones.
  - 2<sup>nd</sup> Thursday 11<sup>th</sup> July & 8<sup>th</sup> Aug – Singing for Fun\*.
  - 3<sup>rd</sup> Thursday 18<sup>th</sup> July & 15<sup>th</sup> Aug – Singing is Good for Your Brain!
  - 4<sup>th</sup> Thursday 25<sup>th</sup> July & 22<sup>nd</sup> Aug – Singalong with Ian & Geraldine.

\*There was a special thank you and certificate presentation to Gordon Macefield at the 13th of June's Singing for Fun. Gordon served in the British Army in Rhodesia (now Zimbabwe) in the 1970s. The afternoon involved the raising and lowering of the Royal British Legion standard with the Last Post in memory of the lives lost in the conflict. There was a non-alcoholic toast to 'Friends Remembered', cake and the playing of 'Bubbles' by local band Off Our Rockers as Gordon is a West Ham supporter.

### **Formby Methodist**

- FM are celebrating their 150<sup>th</sup> anniversary this year and are marking it with several events throughout the year at Elbow Lane.
- Coffee Club 1st Tues of each month (2<sup>nd</sup> July & 6<sup>th</sup> Aug) 2-4pm.
- The Carers' Support Group meets every Fri afternoon 2.00-4.00pm at the Methodist Church. Contact Irene for further information: tel 876219 or by emailing the Formby Befriending Scheme – [info@formbybefriendingscheme.org.uk](mailto:info@formbybefriendingscheme.org.uk)

### **Formby Library (01704 874177) – Mon to Fri 10.00-4.30pm and Sat 10.00-1.30pm**

- Limited delivery service on offer; enquire at Library for details.
- Open for browsing and computer use.
- Police Help Desk – every 3<sup>rd</sup> Mon of the month, Mon 15<sup>th</sup> July & 19<sup>th</sup> Aug.
- Family History & IT Desk one to one sessions running as usual – once a month on a Tuesday. Contact Library for date and time and to book in advance.
- Regular Free Coffee Mornings every Thursday 10.30-12noon throughout the Summer.
- Gardening Club - interested persons can go on the mailing list to be notified about sessions.

**Sefton Dementia Action Alliance** – contact Jan Campbell: [jan.campbell@seftoncvcs.org.uk](mailto:jan.campbell@seftoncvcs.org.uk)

**HOLIDAY AT HOME** (organised by Formby Befriending Scheme with support from Churches Together and other community groups and individuals) for older adults in Formby, Hightown and Ince Blundell 5<sup>th</sup>-16<sup>th</sup> August. See also p16.

An exciting and varied programme has been drawn up for the 2-week Holiday at Home, with something to suit everyone. Booklets and booking forms are available at the back of **St Luke's Church**, and the completed booking forms need to be returned to the **Methodist Church** by 15<sup>th</sup> July at the latest, or passed to **Valerie Hogben** personally, as Valerie will be processing them.

There will be a Drop-in Coffee Afternoon, 2.00-4.00pm at the Methodist Church, on Tuesday 23<sup>rd</sup> July, where each person will be given a list of the events s/he has been assigned a place for (based on preferences stated on the booking form) and this will also be a second opportunity to sign up for extras, where there are still vacancies at other events.



# HOLIDAY AT HOME

**5<sup>th</sup> – 16<sup>th</sup> August 2024**

## **FOR OLDER ADULTS IN FORMBY, HIGHTOWN and INCE BLUNDELL**

Formby Befriending Scheme, with support from Churches Together and other community groups and individuals, is once again offering a 'Holiday at Home' for older adults in the Formby, Hightown and Ince Blundell areas. However, we have brought the dates forward this year to hold the programme earlier in August. The main aim of the fortnight is to give people who are no longer able to go away on holiday the opportunity to have a 'holiday experience' in their own community.

Last year, many of you will remember that we were overwhelmed with people wanting to book events and, unfortunately, had to disappoint many people. And so, this year, we have introduced a Booking Request Form which you will receive along with the printed programmes. You will be asked to prioritise the 4 events you would most like to attend and we will then do our best to ensure everyone gets to go to at least one or two of their top choices.

On Tuesday 23<sup>rd</sup> July we will hold a Coffee Afternoon when confirmation of the events we have been able to offer will be available. This will also be an opportunity to pay for any events that require pre-payment. After this date, you can contact us by phone to check bookings or arrange another time to make payments.

During Holiday at Home, we aim to provide transport at no extra cost for those who need assistance to attend events. Please note, you will need to request transport on your Booking Request Form so that we can give the local taxi company enough notice.

Holiday at Home programmes will be available early in July and can be picked up from churches, the Library and other locations in Formby, Hightown and Ince Blundell. In the meantime, please make a note of the dates and we will look forward to seeing you in August.

Our sincere thanks go to all those who are hosting an event as part of Holiday at Home 2024. We look forward to another great holiday experience.

**The Holiday at Home Team.**

# SHYIRA TRUST

At the behest of Bishop Augustin prior to the pandemic the Trust expanded its remit into Kivu Diocese. As a consequence, it is now supporting 5 ongoing priority projects. They are:

- Palliative care in the community
- Church leadership courses
- Development of job creation (entrepreneurship) among youth and women
- Fighting malnutrition and stunting
- Supporting home and family life

Bishop Augustin recently sent the Trustees a detailed report on the progress of the projects. The first two are reproduced in this July-August magazine, with the remaining three to be published in future editions.

## COMPREHENSIVE REPORT ON PRIORITY PROJECTS FOR THE PERIOD OF DECEMBER 2022 - MAY 2024

Based on the implementation plan for the year 2022 & 2023, the following is the comprehensive report on the five priority projects that we had previously identified:

### ▪ **Palliative care in the community**

The planned training successfully took place, and it involved key leaders at all levels: Catechists, elders in local churches, leaders of small groups, church members with passion for palliative care. The training was initially planned for 600 key leaders, but with trying to seek for cost effective ways a total of 701 people were trained: 505 people were trained at three sites of Nyange, Shyira and Bigogwe on 27-29 December 2022, and 196 people at Gisenyi site on 03-05 January 2023.

They were equipped with skills in palliative care, and our health institutions were very instrumental in this regard: Shyira Hospital, Shyira Health Centre, Bigogwe Medicalized Health Centre, and Nyange A Health Centre.

The trainees went back with a repentant heart for not being closer to those in need of palliative care (Matthew 25:45).



**Left:** The cohort of 149 leaders trained at Nyange site: they were from 5 parishes and 4 sub-parishes.

**Centre:** The cohort of 226 leaders trained at Shyira site: they were from 5 parishes and 2 sub-parishes.

**Right:** The cohort of 130 leaders trained at Bigogwe site: they were from 6 parishes and 1 sub-parish.

(Cont. on p18)







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*"The care and attention is excellent. All the staff treat mum with great care and respect and ensure her dignity is not compromised in any way."*

*"I was amazed at the standard of Formby Manor having visited care homes when my husband required nursing care. It is far superior to any I have seen."*

*"I cannot praise this home enough. The care given and the commitment to the wellbeing of the residents is second to none. Thank you."*

For further information, or to make an appointment to view **Formby Manor** contact the team on 01704 339090 or email [enquiries@newcarehomes.com](mailto:enquiries@newcarehomes.com)

**Formby Manor Care Centre** 67 Liverpool Road, Formby L37 6BU  
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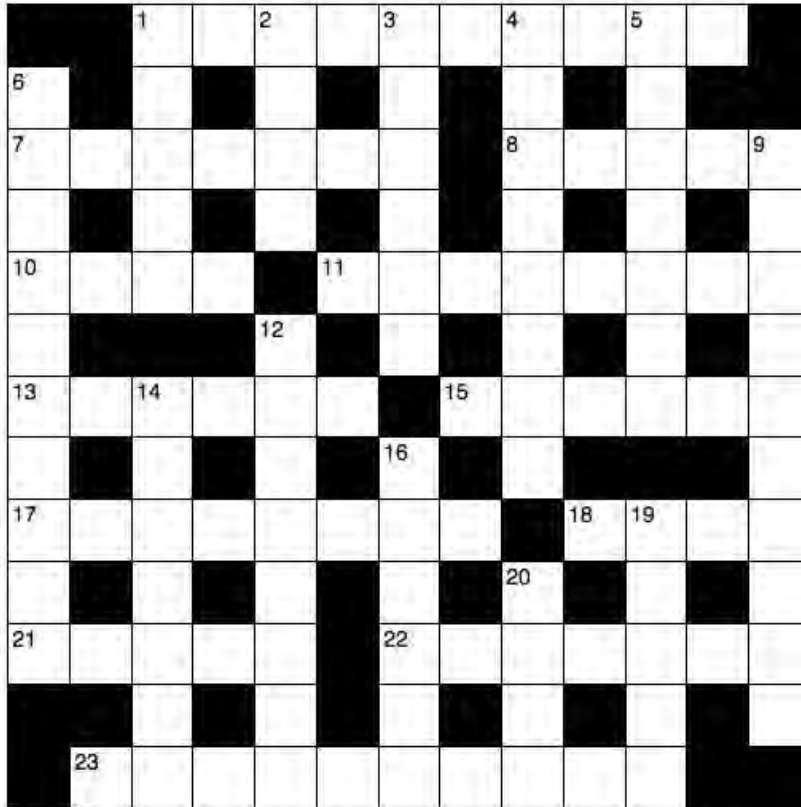
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# CROSSWORD



## ACROSS

- 1 Relating to the Jewish day of rest (10)  
 7 Point of view (Matthew 22:17) (7)  
 8 20th-century Brethren philanthropist whose construction company became one of the UK's biggest, Sir John\_\_\_ (5)  
 10 Girl's name (4)  
 11 Peter was accused of being one in the courtyard of the high priest's house (Luke 22:59) (8)  
 13 The fifth of the 'seven churches' (Revelation 3:1-6) (6)  
 15 'Now the famine was\_\_\_in Samaria' (1 Kings 18:2) (6)  
 17 Banned by the seventh Commandment

(Exodus 20:14) (8)

- 18 Insect most closely associated with itching (1 Samuel 24:14) (4)  
 21 Bantu tribe which gives its name to tiny landlocked country in southern Africa (5)  
 22 Familiar material in churches that use an overhead projector (7)  
 23 Last book of the Bible (10)

## DOWN

- 1 The young David's favourite weapon (1 Samuel 17:40) (5)  
 2 'Your vats will — over with new wine' (Proverbs 3:10) (4)  
 3 Once yearly (Exodus 30:10) (6)  
 4 Milled it (anag.) (3-5)  
 5 Region north of Damascus of which Lysanias was tetrarch (Luke 3:1) (7)  
 6 Comes between Philippians and 1 Thessalonians (10)  
 9 Lake where the first disciples were called (Luke 5:1-11) (10)  
 12 Abusive outburst (8)  
 14 Are loud (anag.) (7)  
 16 Printing errors (6)  
 19 'Take my yoke upon you and — from me' (Matthew 11:29) (5)  
 20 Jacob's third son (Genesis 29:34) (4)

**(SOLUTIONS ON PAGE 24)**

## SMILE LINES –

To steal ideas from one person is plagiarism. To steal from many is research.

# SUDOKU

EASY

					1	9		
		7	5	3			6	
5					6	1	3	2
1				4	7		8	3
	7						9	
2	5		8	9				7
6	8	9	3					1
	3			1	9	8		
		1	6					

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MEDIUM

						3		
4					9			1
7			2				5	
				2		8	4	
	4		3		6		1	
	7	6		5				
	6				7			3
3			5					2
		5						

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(SOLUTIONS ON PAGE 24)

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# WORDSEARCH

SEA SUNDAY

M	S	E	A	D	E	Y	L	I	E	C	O	W	H
R	P	E	L	H	N	Y	C	N	H	N	L	O	T
A	O	L	A	C	I	T	C	A	R	P	H	R	N
T	H	R	B	S	H	I	P	W	R	E	C	K	A
V	S	S	O	R	Y	L	I	A	D	I	Y	I	H
H	E	I	L	U	A	A	Y	A	A	A	P	N	C
C	A	M	G	I	H	T	D	S	D	H	Y	G	R
P	F	F	N	I	U	I	R	N	T	E	S	E	E
A	A	S	S	U	N	P	U	O	E	J	B	C	M
F	R	I	E	N	D	S	H	I	P	M	O	A	A
L	E	N	V	I	R	O	N	M	E	N	T	S	N
O	R	I	A	S	E	H	H	M	O	V	S	M	N
A	S	H	A	A	D	H	E	M	J	H	I	T	I
T	H	A	N	K	S	R	Y	L	U	J	E	G	R

14<sup>th</sup> July brings us Sea Sunday, the day when Christian churches remember, pray, and give thanks for the more than 1.5 million merchant seafarers worldwide. If seafarers seem irrelevant to your daily life, think again: 90 per cent of everything you buy in the shops comes to you by sea. Merchant seafarers quite literally keep our global economy afloat. Yet it is a tough life, far from loved ones. Merchant ships are harsh working environments, never mind the threat of piracy or even shipwreck.

To help the seafarers, a worldwide network of port chaplains has sprung up. They offer hospitality and friendship, as well as practical,

emotional, and spiritual support, providing almost a 'home from home' in hundreds of ports, in more than 50 countries. You might wish to support one of these three well-known societies: The Mission to Seafarers (Anglican), The Apostolate of the Sea (Roman Catholic), and The Sailors' Society (inter-denominational).

July  
Sea  
Sunday  
Remember  
Pray

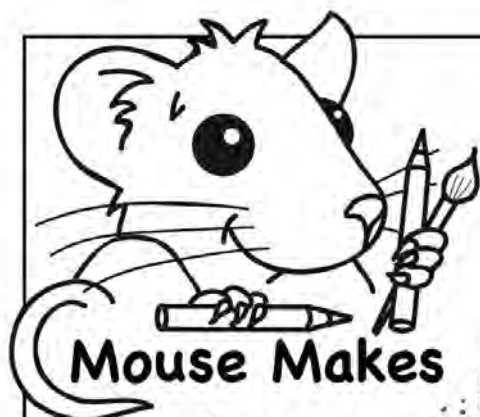
Give  
Thanks  
Merchant  
Seafarers  
Daily

Shops  
Economy  
Afloat  
Harsh  
Working

Environments  
Piracy  
Shipwreck  
Hundreds  
Global

Port  
Chaplains  
Hospitality  
Friendship  
Practical





How many days did the Lord  
tell Joshua to march around  
the city of Jerico?

Joshua 6:3



What did the priests  
carry that were made  
from rams' horns?



What was carried  
along behind the priests?

The \_\_\_\_\_  
Joshua 6:4

Joshua 6:4



On the seventh day  
how many times did  
they march around Jerico?

Joshua 6:6



Who was saved from  
Jerico along with  
her family?

Joshua 6:17

**READ**

the story  
in Joshua  
5:13-6:27

	D	A	J	O	S	H	U	A	R	K	E	
	S	E	V	E	N	I	O	F	L	A	T	W
	Y	N	T	R	F	X	U	E	L	B	O	I
	I	P	R	I	E	S	T	S	O	U	N	D
	A	A	U	C	L	I	S	W	R	R	C	A
	R	I	M	O	L	K	I	B	D	N	E	W
	O	S	P	S	C	A	M	P	H	O	R	N
	U	R	E	C	G	U	A	R	D	B	K	
	N	A	T	I	F	I	R	E	X	L	I	
	D	E	S	T	R	U	C	T	I	O	N	
	E	L	R	Y	R	A	H	A	B	W	G	

JERICO • LORD • JOSHUA • ISRAEL • KING • PRIESTS • GUARD  
CAMP • MARCH • AROUND • DAYS • WALK • ONCE • BLOW • HORN • SOUND  
DAWN • SHOUT • CITY • WALL • FELL • FLAT • FIRE • BURN • DESTRUCTION

Find the question answers in the word search too!

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## SUDOKU SOLUTIONS

EASY

3	6	2	4	8	1	9	7	5
9	1	7	5	3	2	4	6	8
5	4	8	9	7	6	1	3	2
1	9	6	2	4	7	5	8	3
8	7	3	1	6	5	2	9	4
2	5	4	8	9	3	6	1	7
6	8	9	3	2	4	7	5	1
4	3	5	7	1	9	8	2	6
7	2	1	6	5	8	3	4	9

MEDIUM

6	2	8	1	4	5	3	9	7
4	5	3	8	7	9	6	2	1
7	9	1	2	6	3	4	5	8
5	3	9	7	2	1	8	4	6
8	4	2	3	9	6	7	1	5
1	7	6	4	5	8	2	3	9
2	6	4	9	1	7	5	8	3
3	1	7	5	8	4	9	6	2
9	8	5	6	3	2	1	7	4

## CROSSWORD SOLUTIONS

**ACROSS:** 1, Sabbatical. 7, Opinion. 8, Laing. 10, Olga. 11, Galilean. 13, Sardis. 15, Severe. 17, Adultery. 18, Flea. 21, Swazi. 22, Acetate. 23, Revelation.

**DOWN:** 1, Sling. 2, Brim. 3, Annual. 4, Ill-timed. 5, Abilene. 6, Colossians. 9, Gennesaret. 12, Diatribe. 14, Roulade. 16, Errata. 19, Learn. 20, Levi.



Gary sang a solo



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charity  
(Lev 27:30)



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